!doctype html>

<html lang="en">

<head>

<!-- Required meta tags -->

<meta charset="utf-8">

<meta name="viewport" content="width=device-width, initial-scale=1">

<!-- Bootstrap CSS -->

<link href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.1/dist/css/bootstrap.min.css" rel="stylesheet" integrity="sha384-+0n0xVW2eSR5OomGNYDnhzAbDsOXxcvSN1TPprVMTNDbiYZCxYbOOl7+AMvyTG2x" crossorigin="anonymous">

<title>Contact Us</title>

</head>

<body>

<div class="container mt-5">

<h1>Contact Us!</h1>

<form class="row g-3" action="https://formsubmit.co/Steve.RTFitness@gmail.com" method="POST">

<!-- Honeypot -->

<input type="text" name="\_honey" style="display: none;">

<!-- Disable Captcha -->

<input type="hidden" name="\_captcha" value="false">

<input type="hidden" name="\_next" value="https://haydn5.github.io/formsubmitdemo/success.html" >

<div class="col-md-6">

<label for="firstName" class="form-label">First Name</label>

<input type="text" class="form-control" name="name" id="firstName" required>

</div>

<div class="col-md-6">

<label for="lastName" class="form-label">Last Name</label>

<input type="text" class="form-control" name="Last&nbsp;Name" id="lastName" required>

</div>

<div class="col-md-8">

<label for="emailInfo" class="form-label">E-mail</label>

<input type="email" class="form-control" name="email" id="emailInfo" required>

</div>

<div class="col-md-4">

<label for="phoneNumber" class="form-label">Phone Number</label>

<input type="text" class="form-control" name="phone" id="phoneNumber" placeholder="07746547312">

</div>

<div class="col-md-12">

<label for="comments" class="form-label">Comments, questions?</label>

<textarea class="form-control" id="comments" name="comments,&nbsp;questions" rows="3" required></textarea>

</div>

<div class="col-md-12">

<button type="submit" class="btn btn-primary">Submit</button>

</div>

</form>

</div>

<!-- Optional JavaScript; choose one of the two! -->

<!-- Option 1: Bootstrap Bundle with Popper -->

<script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.1/dist/js/bootstrap.bundle.min.js" integrity="sha384-gtEjrD/SeCtmISkJkNUaaKMoLD0//ElJ19smozuHV6z3Iehds+3Ulb9Bn9Plx0x4" crossorigin="anonymous"></script>

<!-- Option 2: Separate Popper and Bootstrap JS -->

<!--

<script src="https://cdn.jsdelivr.net/npm/@popperjs/core@2.9.2/dist/umd/popper.min.js" integrity="sha384-IQsoLXl5PILFhosVNubq5LC7Qb9DXgDA9i+tQ8Zj3iwWAwPtgFTxbJ8NT4GN1R8p" crossorigin="anonymous"></script>

<script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.1/dist/js/bootstrap.min.js" integrity="sha384-Atwg2Pkwv9vp0ygtn1JAojH0nYbwNJLPhwyoVbhoPwBhjQPR5VtM2+xf0Uwh9KtT" crossorigin="anonymous"></script>

-->

</body>

</html>